

**AGENDA**

**Solano Children's Alliance Meeting**

**November 6, 2019**

**12:00pm-2:00pm**

Please Note: Solano County Office of Education  
5100 Business Center Drive  
Fairfield CA 94534

**Top Four priority areas: Child and Youth Safety, Quality Early Care and Education,  
Homeless Youth and Mental and Behavioral Health**

Members

Aaron Crutison  
Juan Cisneros  
Candy Pierce  
Gloria Diaz  
Lisette Estrella-  
Henderson  
Zoe  
Bartholomew  
Maurilio Leon  
Pam Posehn  
Stacey Burke  
Sharon Henry  
Guadalupe Lopez  
Monica Brown  
Robert Tobin  
Candice Floyd  
Maria Guevara  
Dr. Shandi Fuller  
Julie Musto  
Joshua Mallory  
Jennifer  
MacKinnon

- |             |                                                                                                                            |                            |
|-------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------|
| <b>I.</b>   | <b>Introductions, Public Comment</b>                                                                                       | <b>12:00</b>               |
| <b>II.</b>  | <b>Approval of November Agenda</b>                                                                                         | <b>(Action Item) 12:05</b> |
| <b>III.</b> | <b>Approval of Oct 2, 2019 minutes</b>                                                                                     | <b>(Action Item) 12:10</b> |
| <b>IV.</b>  | <b>Alliance President Report:</b>                                                                                          | <b>12:15</b>               |
|             | <ul style="list-style-type: none"><li>• Welcome</li><li>• Membership Update</li><li>• Executive Committee Report</li></ul> |                            |
| <b>V.</b>   | <b>Alliance Staff Report</b>                                                                                               | <b>12:20</b>               |
|             | <ul style="list-style-type: none"><li>• Child Abuse Prevention Council (CAPC) Update</li><li>• Census 2020</li></ul>       |                            |
| <b>VI.</b>  | <b>Presentation by Solano County Behavioral Health on System of Care:</b>                                                  | <b>12:45</b>               |
|             | Eugene Durrah, MHSA Clinical Supervisor and Diana Tolentino, Access Unit<br>Clinical Supervisor                            |                            |
| <b>VII.</b> | <b>CAPC, Advocacy &amp; Legislation Workgroups (Time Permitting)</b>                                                       | <b>1:30</b>                |
| <b>VII.</b> | <b>Adjournment</b>                                                                                                         | <b>2:00</b>                |

**Next Alliance Meeting: December 4, 2019**

**Materials given to members less than 72 hours prior to a regular meeting can be obtained at 827  
Missouri Street, Suite 5 Fairfield, CA 94533, or by contacting staff at 707-421-7229.**

Children's Alliance Membership Roster

<u>Category of Membership</u>	<u>Member/Alternate</u>
Solano County H&SS	Aaron Crutison Alternate: Neely McElroy
Solano County H&SS	Dr. Shandi Fuller Alternate: Cindy Watson
Solano County Juvenile Probation Department	Julie Musto Alternate: Amy Potter
Local Child Serving Public Agency	Pam Posehn Alternate: Rachel Rico
Presiding Judge of Juvenile Court or Representative of Juvenile Justice Services	Candy Pierce Alternate: Sara Jones
Solano County Superintendent of Schools Or Designee	Lisette Estrella-Henderson Alternate: Nicola Parr
Local School District or Designee	Stacy Burke Alternate: Cheryl Countee
Solano County District Attorney's Office	Sharon S. Henry Alternate: Angel Aguilar
Community Based Organization that Provides Services to Families and Youth	<b>Vacant</b> Michalle Shown-Rodriguez
Community Based Organization that Provides Services to Families and Youth	Maria Guevara Francie Macmillan
Community Based Organization that Provides Services to Families and Youth	Jennifer MacKinnon Alternate: Paul Cecchetti
Community Based Organization that Provides Services to Families and Youth	Juan Cisneros Alternate: Debbie Peralez
Community Based Organization that Provides Services to Families and Youth	Robert Tobin Alternate: Alaina Starr
Member at Large - Parents, Grandparents and Consumers	Candice Floyd
Member at Large - Parents, Grandparents and Consumers	Joshua Mallory
Member of the County Board of	Monica Brown

Supervisors or Designee

Alternate: ***Vacant***

Local Law Enforcement

Gloria Diaz  
Alternate: Ana Isabel Montano

Regional Center

Guadalupe Lopez  
Alternate: Rafael Hernandez-Perez

Child Care R&R or Child Care Planning  
Council

Zoe Bartholomew  
Alternate: Kathy Lago

Community Based Organization that ties to an  
Ethnic Community

Maurilio Leon  
Alternate: Angie Lopez

**ALLIANCE WORKGROUP PRIORITIES FOR  
2019-20 FISCAL YEAR**

**Work Group 1: Advocacy and Legislation:**

**SCA should continue to play an active role in legislative and budget issues and continue active involvement in advocacy and education.**

**Alliance Work Group Members:** Kathy Lago, Zoe Bartholomew, Kelly Dwyer, Pam Posehn, Juan Cisneros, Maurilio Leon and Ronda Kogler

**Priorities to focus on for 2019-2020:**

1. Plan and Coordinate Fall Convening Meeting addressing gaps in services and advocacy strategies.
2. Plan for 7th Annual Policy Forum with an emphasis on consumers accessing community resources, and highlighting children, youth, and family's policy priorities of new Governor.
3. Attend County Legislative Committee.
4. Prioritize bills to follow and take action during legislative session starting in January.
5. Prioritize State Budget items to follow and take positions. Start with inviting California Budget and Policy Center Rep. to address the proposed January 2020 Governor's Budget Proposal.
6. Provide Legislative and Budget updates to the BOS.
7. Schedule BOS presentation or develop report on activities of the Policy Forum with results and next steps.

**Work Group 4: CAPC Activities**

**Work Group Members:** Gloria Diaz, Isabel Montano, Dr. Shandi Fuller  
Susan Ferdinandi, Aaron Crutison, Jennifer MacKinnon, Candy Pierce, Guadalupe Lopez

**Priorities to Focus on for 2019-2020**

1. Provide planning and coordination support for Child Abuse Prevention Month awareness campaign and related events. (April 2019)
2. Assist with planning and support of statewide convening of California Child Abuse Prevention Councils in partnership with the Greater Bay Area Child Abuse Prevention Council Coalition on October 17, 2019.
3. Identify training needs of Alliance member agencies and organizations relative to recognizing the signs and symptoms of child abuse and neglect, mandated reporter training, child abuse prevention, intervention and treatment resources. Address a minimum of one identified training need.
4. Provide support and guidance for the Child Abuse Prevention Awareness Campaign's FY 2019-2020 topics: Adverse Childhood Experiences (ACEs) and Resilience (July-December); Parenting and Child Development/Safe Sleep (January-June)
5. Support development and presentation of SCA report to the BOS.

# Children's Alliance

A partner of the Children's Network of Solano County

## SOLANO CHILDREN'S ALLIANCE

### General Meeting Minutes

November 6, 2019

12:00 p.m. – 2:00 p.m.

Solano County Office of Education

5100 Business Center Drive

Fairfield, CA 94534

**MEMBERS PRESENT:** Pam Posehn, Ana Isabel Montano (alternate for Gloria Diaz), Guadalupe Lopez, Aaron Crutison, Cindy Watson (alternate for Dr. Fuller), Candy Pierce, and Francie MacMillan (alternate for Maria Guevara), Amy Potter (alternate for Julie Musto), Kathy Lago (alternate for Zoe Bartholomew), Nicola Parr (alternate for Lisette Estella-Henderson)

**MEMBERS NOT PRESENT:** Candice Floyd, Juan Cisneros, Stacy Burke, Jennifer MacKinnon, Robert Tobin, Sharon Henry, Maurilio Leon, Joshua Mallory, Michalle Shown-Rodriguez, and Supervisor Monica Brown

**GUESTS ATTENDING:** Gene Ibe, Jameelah Hanif, Haley Armstrong, Lisa Franson, Eugene Durrah, Diana Tolentino and Liat Meitzanheimer

**STAFF:** Ronda Kogler, Susan Ferdinandi, Ericka Erickson, Alyssum Maguire, and Jessica Gabbart

AGENDA ITEM	DISCUSSION	ACTION ITEMS
<b>Call to Order</b>	The meeting was called to order at 12:08 pm	
<b>I. Welcome and Introductions</b>	<ul style="list-style-type: none"> <li>Francie MacMillan announced that Vallejo Together would have 501(c)3 status as of 11/26.</li> <li>Nicola Parr announced that there will be a ribbon cutting ceremony for a new Wellness Center at the Vallejo Adult School on December 9. This will be the 5<sup>th</sup> center opened to date – Centers have already opened at Golden Hills and at 3 elementary schools in Dixon.</li> </ul>	
<b>II. Approval of (November Agenda) (Action Item)</b>	No Quorum	
<b>III. Approval of (October Minutes) (Action Item)</b>	No Quorum	
<b>IV. Alliance President Report</b>	<ul style="list-style-type: none"> <li><b>Welcome</b> <ul style="list-style-type: none"> <li>Pam welcomed everyone and thanked them for coming</li> </ul> </li> <li><b>Membership Update</b> <p>Pam mentioned that the attendance of the members has been low these past few meetings resulting in not reaching a quorum. Pam reviewed the attendance section of the Bylaws with the members present. Pam mentioned that the</p> </li> </ul>	

AGENDA ITEM	DISCUSSION	ACTION ITEMS
	<p>Executive Committee will be reaching out to members that don't attend regularly for confirmation of their commitment to the Alliance.</p> <ul style="list-style-type: none"> <li>• <b>Executive Committee Report</b> <ul style="list-style-type: none"> <li>○ Future meetings topics – December we will be viewing the movie Paper Tigers as well as having our resource fair. This meeting will be a potluck and members were encouraged to bring an item to share. The January meeting will be held on the 15<sup>th</sup> instead of the 1<sup>st</sup> Wednesday of that month. Chris Hoene will present on the Governor's proposed budget.</li> </ul> </li> </ul>	

AGENDA ITEM	DISCUSSION	ACTION ITEMS
<b>V. Alliance Staff Report</b>	<ul style="list-style-type: none"> <li>• <b>Child Abuse Prevention Council (CAPC) Update – Susan Ferdinandi</b> <ul style="list-style-type: none"> <li>○ Solano hosted the statewide Child Abuse Prevention Council convening on October 17<sup>th</sup> and the Alliance was noted as a sponsor for this event. There were 51 attendees and 30 counties represented. Candy mentioned that in a group discussion she participated in, council members from other counties were impressed by the membership of the Alliance and expressed desire for similar memberships in their Child Abuse Prevention Councils. Each county provided a snapshot of their CAPC. Susan has the link to all of them if anyone is interested.</li> </ul> </li>   <li>• <b>Census 2020 Update – Ericka Erickson</b> <ul style="list-style-type: none"> <li>○ Ericka passed out flyers regarding Census 2020. She mentioned that one of the most under counted is kids 0-5 years of age and discussed some of the challenges people face with counting young children. Children’s Network will be hosting a Webinar on November 15<sup>th</sup> for information regarding the Census 2020. Ericka informed the members that Children’s Network plans to partner with different agencies across the county to provide education and outreach on Census 2020. There is also the opportunity for some agencies to apply for small grants.</li> </ul> </li> </ul>	
<b>VI. Special Presentation</b>	<b>Presentation by Solano County Behavioral Health on Systems of Care: Eugene Durrah, MHSA Clinical Supervisor and Diana Tolentino, Access Unit Clinical Supervisor</b>	
<b>VII. CAPC, Advocacy &amp; Legislation Workgroups</b>	With 15 minutes of meeting time left, workgroups were offered the opportunity to check in.	
<b>VIII. Adjournment</b>	Meeting adjourned at 2:03pm	

BY-LAWS  
OF  
SOLANO CHILDREN'S ALLIANCE

ARTICLE I. NAME

The name of this organization shall be the Solano Children's Alliance (ALLIANCE), one of two components of the Children's Network with the other being the Children's Network of Solano County (CHILDREN'S NETWORK).

ARTICLE II. AUTHORITY

The Solano County Board of Supervisors designated the Alliance as the statutorily required "local volunteer commission" to complete all tasks required of the Commission for AB2994 (CAPIT) and AB1733 (Children's Trust Fund), the County's Interagency Children's Services Coordinating Council, and the Child Abuse Prevention Council.

ARTICLE III. PURPOSE

The purpose of the ALLIANCE is to join representatives from city and county agencies, private and community-based organizations, and concerned citizens in an effort to sustain and improve the quality, quantity and integration of services and programs available to Solano County children and their families.

Inherent to this purpose is:

- A. Increasing communication, coordination, collaboration and cooperation among public, private, and community service providers.
- B. Minimizing service duplication.
- C. Identifying gaps between needs and services provided.
- D. Enriching existing services.
- E. Prioritizing needed services.
- F. Researching the development of new services.
- G. Recommending funding for services and programs.



H. Researching, monitoring and advocating for legislation relating to children, youths and families.

## ARTICLE IV. ROLES AND RESPONSIBILITIES

### ALLIANCE/BOARD OF SUPERVISORS

The ALLIANCE is responsible to the Board of Supervisors in carrying out its assigned tasks, including duties related to CAPIT and the Children's Trust Fund. Recommendations for funding, services and programs and legislation shall be reviewed by the ALLIANCE and submitted by the Executive Committee directly to the Board of Supervisors, who shall have the final approving authority.

### ALLIANCE/CHILDREN'S NETWORK

The CHILDREN'S NETWORK is a separate, incorporated non-profit agency whose responsibilities include, but are not limited to, providing staff support to the function of the ALLIANCE through a contractual agreement between the CHILDREN'S NETWORK and the Solano County Board of Supervisors.

## ARTICLE V. MEMBERSHIP

The ALLIANCE shall consist of twenty voting members appointed by the Board of Supervisors. The membership shall include:

- |                                                                                                                                                                       |      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| 1. Health and Social Services                                                                                                                                         | Two  |
| 2. Probation, Juvenile Division                                                                                                                                       | One  |
| 3. Local child serving public agency                                                                                                                                  | One  |
| 4. Presiding Judge of Juvenile Court, Designee, or Representative of Juvenile Justice Services                                                                        | One  |
| 5. Superintendent of County Office Of Education or Designee                                                                                                           | One  |
| 6. Superintendent of a Local School District or Designee                                                                                                              | One  |
| 7. Representative from the District Attorney's Office                                                                                                                 | One  |
| 8. Representative of Community Based Organizations that provide services to children and/or Families/Non-Profits desiring County partnership to meet children's needs | Five |
| 9. Board of Supervisors Member or Designee                                                                                                                            | One  |
| 10. Representative of law enforcement                                                                                                                                 | One  |
| 11. Representative of the Regional Center                                                                                                                             | One  |
| 12. Representative of the Child Care R&R or Child Care Planning Council                                                                                               | One  |
| 13. Representative of Community Based Organizations with ties to ethnic communities                                                                                   | One  |
| 14. Members at large (individuals not paid to work on children's service programs in Solano County, community representatives, parents, grandparents and/or consumers | Two  |

The Executive Committee shall receive and review applications as vacancies occur and make recommendations for appointments to the Board of Supervisors. All members shall be appointed for four years from the date of appointment. Terms are renewable at the request of the Alliance and with the approval of the Board, but Alliance members must apply for reappointment. A member whose appointment has expired may continue to serve in that capacity until a new appointment is made or until the Board declares the position vacant.

Each Alliance member may designate one alternate to be recommended to the Executive Committee and appointed by the Board of Supervisors. Alternates may attend, participate, and vote on the member's behalf in the regularly scheduled Alliance meetings. The termination date of the alternate will coincide with the termination date of the primary Alliance member.

Any member may resign by filing a written resignation with the Executive Committee. A thirty-day advance notice shall be submitted whenever possible.

## ARTICLE VI. MEETINGS

The Ralph M. Brown act shall govern the ALLIANCE meetings, but not the meetings of the Executive Committee. The Alliance shall hold a minimum of one meeting per month. Unless otherwise determined by a vote of the membership, the meeting shall be held on the first Wednesday of each month at a site identified in writing in advance of the meeting.

Members of the ALLIANCE shall receive by mail or email the minutes of the previous meeting and the agenda for the next meeting at least seventy-two hours prior to the next meeting date.

Robert's Rule of Order shall guide the ALLIANCE in its proceedings.

Public notice shall be made available through email, and posted at the Children's Network and at designated meeting locations.

Special meetings may be called by the ALLIANCE President at any time. Each member of the Alliance shall be given a minimum of 24 hours notice of such meetings.

Items that qualify as an emergency can be added to the agenda at the meeting by a two-thirds (2/3) vote.

Attendance at all meetings is recorded on a sign-in sheet. Members are responsible for signing the attendance sheet.

## ATTENDANCE

It shall be the duty of ALLIANCE members to attend all meetings. In case of illness or other compelling commitments, the Executive Committee may excuse an absence. Such absences will be recorded in the minutes.

Should a representative fail to attend two meetings in one calendar year without being excused by the Executive Committee, that representative may lose its membership.

## QUORUM

A majority of the members of the ALLIANCE shall constitute a quorum. In computing the quorum, the member appointed by the Board of Supervisors or, in the members absence, that member's Board of Supervisor's approved alternate, counts as one member toward the quorum. A quorum shall be necessary to conduct ALLIANCE business meetings.

## VOTING RIGHTS

Each member of the ALLIANCE shall have one vote in all actions and decisions of the ALLIANCE. All action and decisions shall require a majority vote for approval.

## ARTICLE VII. EXECUTIVE COMMITTEE

The Officers of the ALLIANCE shall be the Executive Committee which shall include the President, the Vice President, and the immediate past President. Additionally, the Chairpersons of each standing committee of the ALLIANCE shall be made members of the Executive Committee upon the request of the standing committee chair.

The Executive Committee shall:

- A. Set overall procedures and policies for conducting meetings
- B. Set agendas
- C. Review proposals of funding for new programs
- D. Make reports to the Solano County Board of Supervisors

## ARTICLE VIII. OFFICERS

### PRESIDENT

The President shall be the principal executive officer of the ALLIANCE and shall in general supervise and control all of the business and affairs of the ALLIANCE. He/she shall preside at all meetings of the members and in general shall perform all duties incident to the office of President and such other duties as may be assigned by the ALLIANCE from time to time. The immediate past president shall serve as the representative of the ALLIANCE to the Board of Directors of the CHILDREN'S NETWORK.

### VICE PRESIDENTS

The offices of First Vice President and Second Vice President are established to provide for leadership continuity. The current year First Vice President shall be nominated to the position of President for the following year, and the current second Vice President shall be nominated to the position of first Vice President for the following year. The Nominating Committee shall also recruit and nominate a candidate for the position of second Vice President for the coming year.

The first Vice President shall in the absence of the President, perform the duties of the President, and when so acting, shall have all the powers of and subject to all restrictions upon the President. The Vice President shall routinely chair the Executive Committee meetings to gain experience in leadership and in managing the meeting agenda.

The second Vice President shall, in the absence of the first Vice President, perform the duties of the first Vice President, including the responsibility to chair the Executive Committee.

The First Vice President shall become the President for the remainder of the term if the office of the President becomes vacant, and the Second Vice President shall then become the First Vice President. A new second Vice-president shall be elected to serve in that capacity for the same period.

If the First Vice-President position becomes vacant, the Second Vice President shall become First Vice President for the remainder of that term. If the Second Vice President becomes vacant the Executive Committee may fill the office by appointment subject to ratification by the general membership.

## ARTICLE IX. COMMITTEES

The ALLIANCE, by Resolution adopted by a majority, may designate and appoint one or more committees each of which may consist of two or more ALLIANCE members. Such committees will make recommendations to the Alliance and cannot independently exercise the authority of the Alliance except when specifically authorized to do so. Possible categories for committees include:

- A. Gathering data to develop and maintain information on programs.
- B. Researching new services and programs.
- C. Reviewing and monitoring legislation.
- D. Lobbying for effective children's services with appropriate governmental bodies, so long as the positions taken are consistent with Board of Supervisor's policy positions.
- E. Providing a slate of officers at the time of the election of the Executive Committee.

Each committee may include non ALLIANCE members. Each committee shall have a Chairperson who shall be an ALLIANCE member.

## ARTICLE X. ELECTION OF OFFICERS

### NOMINATING COMMITTEE

The Nominating Committee shall be composed of ALLIANCE Officers and Committee Chairpersons. The Nominating Committee shall solicit from the voting membership names of candidates to be proposed for office. The current first Vice President shall be nominated for the position of President, and the current second Vice President shall be nominated for the position of first Vice President.

The Nominating Committee shall present the recommended slate of officers to the full membership at the April meeting each year.

### ELECTIONS

The election of officers will be scheduled for the May meeting. The President shall also accept nominations from the floor. Voting rights are limited to those appointed members of the ALLIANCE. Voting is conducted by means of a secret ballot. Newly elected officers shall begin their responsibilities at the June or the next scheduled Council meeting.

### TERM OF OFFICE

Each elected officer shall serve for a term of one year and may be re-elected for no more than two consecutive terms in the same office.

## ARTICLE XI. BYLAWS

These by-laws shall be approved, and may be amended by a majority vote of those members of the ALLIANCE constituting a quorum, provided that the recommended amendments shall have been submitted in writing with a minimum of one month's notice to the ALLIANCE total membership for review. These by-laws shall become effective immediately upon the approval of the ALLIANCE.

# Solano County Behavioral Health (SCBH) System of Care at a Glance: Children's Alliance Meeting

**NOVEMBER 6, 2019**

Eugene Durrah, MHSA Clinical Supervisor & Ethnic Services Coordinator and  
Diana Tolentino, Access Unit & Centralized Assessment Team Clinical Supervisor



## Why is it important to address mental health?

### Mental Health Statistics

#### In a given year:

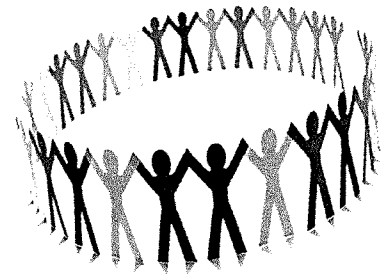
- ▶ 1 in 5 adults in the U.S. will experience mental illness
- ▶ 1 in 25 adults experience serious mental illness
- ▶ **1 in 5 youth ages 13-18** experience severe mental health disorders
- ▶ **Half of all** chronic mental illness **begins by age 14**; three quarters by age 24, however there are long delays between the onset of illness and request for treatment
- ▶ 18.1% of adults in the U.S. experience an anxiety disorder: PTSD, obsessive compulsive disorder, phobias
- ▶ 6.9% of adults in the U.S. had at least one major depressive episode



Adapted from: [nami.org](http://nami.org)

## Who SCBH Serves

- ▶ Children/youth ages 0-17 years old
- ▶ Adults 18 years and older
- ▶ Individuals who reside in Solano County and have Medi-Cal or Medicare insurance
- ▶ Individuals who are uninsured
- ▶ Individuals who are unserved/underserved
- ▶ Individuals who meet criteria for specialty mental health based on diagnosis, impairment and expected response to treatment



## Services SCBH is Responsible to Fund

- ▶ Outpatient and high-end community-based services
- ▶ Inpatient hospitalization stays for Solano beneficiaries including misdemeanor Incompetent to Stand Trial cases
- ▶ Placements in Mental Health Rehab Centers (MHRC)
- ▶ A portion of Augmented Board & Care (ABC) placements
- ▶ A portion of residential placement costs for children/youth involved with Child Welfare/Probation



## Funding Sources

- ▶ Revenue generated from the provision of Medi-Cal/Medicare reimbursable specialty mental health services
- ▶ Mental Health Services Act (MHSA) funding
- ▶ Mental Health Block Grant (MHBG) funding
- ▶ Intergovernmental Transfers (IGT) funds
- ▶ County General fund
- ▶ Other grants



## County Mental Health Plan (MHP)

Solano County has a Mental Health Plan (MHP) Contract with the State Department of Health Care Services (DHCS) to provide services for Medi-Cal/Medicare eligibles who meet "medical necessity" which means:

- ▶ Individual has an **included** mental health diagnosis which is serious in nature;
- ▶ Individual demonstrates a **significant impairment** in spheres of functioning (self, home, work/school, peer, etc.); and
- ▶ The intervention/treatment provided will be focused on the mental health condition, and treatment is expected to correct or improve the condition and the individual would not be better served by physical healthcare provider/s.

## Behavioral Health Access Line

### ▶ Who should contact Access?

- Someone who is not in an acute crisis, but likely needs/wants to be connected mental health and/or substance use services

### ▶ How do you contact Access?

- Call the Access phone number: **1-800-547-0495**

### ▶ What happens when a call comes into Access?

- A clinician conducts a brief screening to determine if there is an imminent crisis and to determine an individual's behavioral health needs in order to route them to the most appropriate program
- For those requesting mental health services a follow up appointment will be made with county program if identified as meeting the criteria for County specialty mental health services
- Referred to Beacon if identified as having mild to moderate mental illness
- Referred back to private insurance plan if privately insured

## Behavioral Health Access Line

### ▶ Access Line Hours

- Regular Business Hours 8:30am-5:00pm
- After Hours, Weekends & Holidays: 5:00pm-8:30am (Crisis Unit answers calls after hours)

### ▶ Mental Health Access Timeliness

- Emergent Calls: Immediate Crisis Intervention or Evaluation
- Urgent Calls: Offered an intake assessment appointment within 3 calendar days
- Routine Calls: Offered an intake assessment appointment within 10 business days

### ▶ Mental Health Centralized Assessment Team (CAT)

- County clinicians conduct intake assessments for children/youth referred through Access

### ▶ Adult Open Access

- Fairfield Clinic 8am-3:15pm Mon-Friday (clinic closed for lunch 12-1pm)
- Vallejo Clinic 8am-3:15pm Mon-Friday (clinic closed for lunch 12-1pm)
- Vacaville Clinic 8am-3pm Mondays & Thursdays (clinic closed for lunch 12-1pm)

## Service Level Of Care

### ▶ Serious to Severe Impairment

- County-Operated Children's or Adult Outpatient Clinics located in Fairfield, Vallejo and Vacaville
- County or Contractor Higher-End Services provided across the County
- County-operated Hospital Liaison Unit supports all clients who are placed in inpatient hospitals
- County-operated Institutional Care Services Unit supports all adult clients who are placed in long-term locked settings; state hospitals, MHRCs, ABCs

### ▶ Moderate Impairment

- Managed Care Network Providers (psychotherapy) or Primary Care for medication services

### ▶ Mild to Low-Moderate Impairment

- Beacon Health Strategies **1-855-765-9703**  
[www.beaconhealthstrategies.com](http://www.beaconhealthstrategies.com)

**Clients with no insurance are seen by County-operated programs**

## Services Offered by the MHP

### ▶ MHSA Prevention & Early Intervention (PEI) Services:

- First 5 Partnership "Triple P" parent education and support
- Maternal Child & Adolescent Health Services
- School-based services
- Early Psychosis program
- LGBTQ Outreach & Access Program
- 2 older adult programs

### ▶ Outpatient Clinics for Children & Adults

- County-Operated Clinics (primarily medication services)
- Contractor-Operated Clinics

### ▶ Outpatient Services May Include:

- Individual Therapy
- Individual Rehab
- Family Therapy
- Group Rehab, Group Therapy or Collateral Groups for family members
- Collateral Support: psycho-education and support for family members, caretakers, and other identified support persons
- Targeted Case Management: referral and linkage to community resources
- Psychiatric Evaluation and Medication Management

### ▶ Higher Level Community-based Services for Children & Adults

- Full Service Partnership (FSP): Children, Youth & Adults
- Therapeutic Behavioral Services (TBS): Children/Youth ages 3-21 years old
- Wraparound Services Children/Youth ages 6-18 years old (Child Welfare/Probation cases)

### ▶ Crisis Services-Acute Care

- Crisis Stabilization Unit (CSU): Children & Adults
- Crisis Residential Treatment (CRT): Adults only
- Acute Hospitalization
- County-operated Hospital Liaison Unit
- County-operated Institutional Care Services

### ▶ Residential Placements

- Group Homes: children/youth primarily Child Welfare and Probation cases
- Mental Health Rehab Centers (MHRC)-adults
- Augmented Board & Cares (ABC)-adults

## Higher-Level Community-Based Programs

### ▶ Therapeutic Behavioral Services (TBS)

- Ages 3-21
- Short-term intensive behaviorally focused services on 1-2 target behaviors at a time
- 4-6 hours a week for 3-5 months

### ▶ Wraparound Services

- Ages 6-18 involved with Child Welfare or Probation
- Intensive treatment
- Services for up to 18 months

### ▶ Adult Case Management Services

- Ages 18+
- Case management 1-4 times per month

### ▶ Adult Diversion Services

- Ages 18+
- Community re-entry planning, case management 1-4 times per month
- For Laura's Law-AOT the referral form is available at <https://www.solanocounty.com/depts/mhs/aot.asp> and can be emailed to [AOT-MH@solanocounty.com](mailto:AOT-MH@solanocounty.com) or [bhaccess@solanocounty.com](mailto:bhaccess@solanocounty.com)

## Higher-Level Community-Based Programs

### ▶ Full Service Partnership Services (FSP)

- All ages
- Intensive treatment and case management
- Multi-disciplinary team
- 3 or more services per week
- 24/7 warmline
- Housing, educational, and employment support

#### County Funded FSP Programs Include:

- Child/Youth
- Transition Age Youth (TAY)
- Adult/Older Adult
- Forensic
- Homeless

## Family Services

### ▶ How are the needs of families addressed when a child has mental illness?

- SCBH has a broad system of care for children which includes various levels of care including 0-5 specialty services, MHSA school-based services, foster care services, early psychosis treatment, and coordination of care with different partners a family may be involved with including Child Welfare, Probation, North Bay Regional, schools, primary care, etc.

### ▶ How are families served holistically?

- Parents/caretakers along with children are involved in comprehensive assessments and treatment planning
- Family therapy is available for child/youth clients
- Psycho-social education is provided for parents/caretakers
- Higher-level services—TBS, WRAP, and FSP—includes more intensive work with families
- Emphasis on the provision of culturally and linguistically responsive services

## Services for Parents & Caretakers

### ▶ How are the needs of parents/caretakers who have mental health needs addressed?

The adult system of care while not as comprehensive as children's includes:

- Psychiatry Medication Services
- Referrals to network providers
- For clients who meet the criteria for higher level services case management or FSP level services

### ▶ What should an agency do when they encounter a family where it is clear the parent/caretaker needs mental health services but refuses referrals for that service?

- All services are voluntary
- Can encourage them to talk to primary care physician, faith center or other support system
- If parent/caretaker is suicidal, poses a risk to others or is gravely disabled can consider a referral to Crisis Unit or law enforcement for a welfare check
- If the child is being abused and/or at risk of child abuse make a report to Child Welfare

## SCBH Outreach Programs

### ▶ Hispanic Outreach and Latino Access (HOLA)

- Staffed half time by a County Clinician, **Mayra Montano 707-784-8123**
- Works closely with Spanish-speaking Access Unit Clinicians

### ▶ KAAGAPAY Filipino Outreach

- Staffed by a half time County Clinician, **Roanne de Guia Sammuels 707-784-8112**
- Works closely with Tagalog-speaking Access Unit Clinician

### ▶ Accessible Resources for the Community's Homeless (ARCH)

- A fulltime Mental Health Specialist **MarQuetta Fields 707-784-1934** focuses on adult SMI population and there is a full time Clinician position focused on homeless transition age youth. **Position is vacant at this time**
- Outreach in shelters, homeless encampments, schools, libraries, etc., and TAY Clinician works closely with Child Welfare Services.

## Help Me Grow Solano Line

First 5 Solano and Solano County Behavioral Health MHSa fund the Help Me Grow phone line which is the local affiliate of a national system model with four core components:

- ▶ A centralized phone line that acts as the primary access point for children ages 0-5
- ▶ Family and community outreach
- ▶ Referrals for childcare providers
- ▶ Child health care provider outreach
- ▶ Data collection for early childhood services

**Parents and Caretakers can call 1-844-501-5437 (KIDS)**

Help Me Grow Solano connects families to requested services, as well as provides developmental screenings, further investigates family needs, provides family navigation for families with complex needs, and follows up with each family to ensure they were connected to services.

## MHSA Support for School Districts

### ▶ Direct Services in Participating Schools (no cost to Districts)

- Student prevention workshops/groups on various topics (no assessment or diagnosis required)
- Mental health assessments and brief therapy 3-5 months-in school setting

### ▶ Trainings for School Staff & Parents/Caretakers (no cost to Districts)

- Suicide Prevention & Stigma Reduction
- Various topics related to mental health

### ▶ New 2019/20

- **Mini-Grants up to \$2,000** for specific stigma reduction and suicide prevention activities.
- **School Wellness Centers/Rooms up to \$20,000 each site:** Partnership MHSA & Solano County Office of Education (SCOE)
  - ❖ K-12 and Adult Ed sites
  - ❖ 5 Pilot centers: Golden Hills, all 3 elementary schools in Dixon
  - ❖ Plan to open at least 20 more centers this school year



## Accessing Crisis Stabilization Unit (CSU)

The CSU is a locked 12 bed facility opened 24/7 used to stabilize children and adults who are in crisis and/or to transfer them to an inpatient hospital if necessary.

### ▶ Who should utilize the CSU or when should I refer someone to the CSU?

- A person who presents in acute psychiatric crisis; suicidal, homicidal or presenting as gravely disabled
- No apparent medical complications. If there are clear medical needs, the person needs to be taken to local Emergency Department instead of the CSU

### ▶ What happens at the CSU?

- Evaluation for initiating, maintaining or dropping 5150 hold
- Crisis intervention including initiation of medication
- Referrals for local resources if not detained on 5150; crisis residential services, crisis aftercare services, respite housing, shelter, family, outpatient services, case management services
- Referral to inpatient psychiatric hospital if warranted

## Crisis Hotlines & Suicide Prevention



- ▶ **National Suicide Prevention Lifeline:** (800) 273-TALK (8255)
  - 24/7 suicide prevention hotline staffed by crisis specialists
  - (888) 628-9454 Spanish line
  - Callers who are veterans will be routed to a special veteran's line by pressing "1" after calling
- ▶ **Crisis Text Line:** Text "HOME" to 741741
  - 24/7 suicide prevention texting crisis service staffed by crisis specialists
- ▶ **The Trevor Project:** (866) 488-7386, <http://www.thetrevorproject.org>
  - Crisis intervention and suicide prevention for Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) youth
  - TrevorText Line: Text "**START**" to 678678 Mon-Friday 12p-7pm
- ▶ **Trans Lifeline:** (877) 565-8860
  - Peer support crisis and suicide prevention hotline for the trans community available 7am-1am



## County Wellness Recovery Unit

- ▶ **Consumer Liaison**
  - Staffed by a full-time County staff, **Desiree McCoy 707-553-5735**
  - Provides support for behavioral health consumers who access services
  - Facilitates Peer Support Groups across the County (Vallejo, Fairfield, Vacaville and Rio Vista)
- ▶ **Family Liaison**
  - Staffed by a full-time County Clinician, **Lorena Perswain 707-553-5343**
  - Provides support for family members and loved ones for behavioral health consumers
  - Facilitates Family Support Groups across the County (Vallejo, Fairfield, Vacaville and Rio Vista)
- ▶ **Team Activities**
  - Community outreach and education events
  - Recruit and train peer consumer volunteers to work within the system of care and support a pipeline to Peer Support Specialist paid positions



## Accessing Substance Use Disorder (SUD) Services

### ► Behavioral Health Integrated Services

- Access Line
- Assessment Process
- Treatment

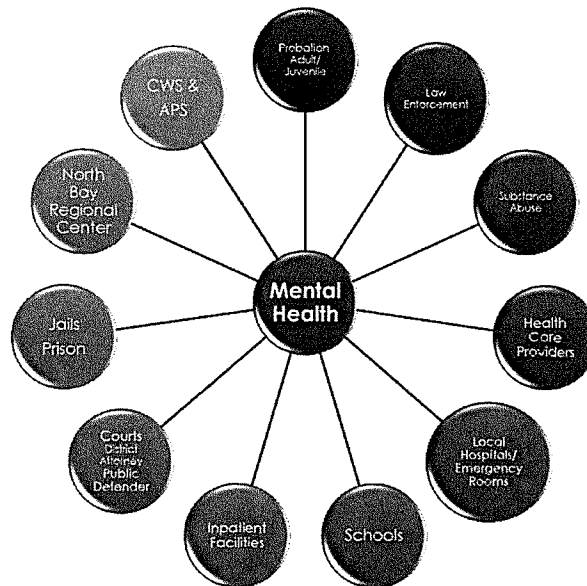
### ► Primary SUD Services

- During the Access Line call the person can be routed to specific SUD providers in the community
- No inpatient SUD services in Solano and very few programs for youth

### ► Detox

- Voluntary detoxification facility
- 9 bed peer-supported detox located at 419 Pennsylvania, Vallejo
- Phone: **707-643-2715**
  - ❖ Call ahead to make sure there is capacity before going there

## Behavioral Health Community Partnerships



## Key Behavioral Health Contacts

- ▶ Diana Tolentino, Supervisor Access Unit  
[\\_DRTolentino@SolanoCounty.com](mailto:DR_Tolentino@SolanoCounty.com)
- ▶ Eugene Durrah, Clinical Supervisor MHSU Unit & Ethnic Services Coordinator  
[EADurrah@SolanoCounty.com](mailto:EADurrah@SolanoCounty.com)
- ▶ Tracy Lacey, Sr. Manager MHSU Unit  
[TCLacey@SolanoCounty.com](mailto:TCLacey@SolanoCounty.com)
- ▶ Dr. Kate Grammy, Manager Adult Specialty Services  
[Kgrammy@SolanoCounty.com](mailto:Kgrammy@SolanoCounty.com)
- ▶ Katherine Kellum, Manager Children's Specialty Services  
[kkellum@SolanoCounty.com](mailto:kkellum@SolanoCounty.com)
- ▶ Emery Cowan, Administrator Adults & Quality Improvement (QI)  
[ECowan@SolanoCounty.com](mailto:ECowan@SolanoCounty.com)
- ▶ Leticia De La Cruz-Salas, Administrator Children's Services  
[LDeLaCruz-Salas@SolanoCounty.com](mailto:LDeLaCruz-Salas@SolanoCounty.com)
- ▶ Sandra Sinz, Behavioral Health Director  
[SLSinz@SolanoCounty.com](mailto:SLSinz@SolanoCounty.com)

